

# ARE YOU SICK!

**Your Resolution Should Be:**  
**"I will Get Well the Mechano-Therapy Way"**

Mechano-Therapy is a scientific method of finding the cause of disease in the spinal column (back bone), and correcting that cause by adjusting the vertebrae (segments) of the spine to eliminate any pressure on the nerves that pass out from the spinal cord to supply all parts of the body with nerve force (life). When this is done nature will make you well. Mechano-Therapy adjustments open the channels for nature to do her work.

Let us explain how Mechano-Therapy will make you well. No charge for consultation.



So-called headaches, eye diseases, deafness, epilepsy, vertigo, insomnia, very neck, facial paralysis, locomotor ataxia and other inco-ordinations are caused by pressure on nerves at this point.

Pressure on nerves in this part of the spine is the cause of so-called throat trouble, neuralgia, pain in arms, goitre, nervous prostration, la grippe, dizziness, bleeding from nose, disorder of gums, catarrh and other so-called "disorders."

Pressure on nerves here will cause so-called bronchitis, felons, pain between the shoulder blades, hay fever, writers' cramp, and other troubles.

Nerve pressure at this point causes so-called nervousness, heart disease, asthma, emphysema, tuberculosis, difficult breathing and other lung troubles.

Pressure on nerves in this part of the spine causes enlargement of the spleen, pleurisy and various other troubles are caused by pressure on nerves in this part of the spine.

At this point the cause of so-called gall stones, dyspepsia of upper bowels, indigestion, flatulence, worms, and many other inco-ordinations.

Pressure on nerves at this point will cause so-called Bright's disease, diabetes, rheumatism, skin diseases, boils, eruptions and rheumatism.

Such troubles as so-called appendicitis, peritonitis, hernia, etc., arise from pressure on nerves in this part of the spine.

Why have so-called constipation, renal troubles, sciatica, etc., when adjustments at this part of the spine will eliminate the cause?

A slight displacement of one or both hip bones will produce so-called sciatica, together with many "disorders" of pelvis and lower extremities.

For any of these ailments, or that dreaded pain in the side and back see

**DR. W. J. WOOD, M. T.**

I SPECIALIZE IN CHRONIC DISEASES OF THE HUMAN BODY. TEN YEARS' EXPERIENCE. I HAVE ALWAYS BEEN ABLE TO GIVE RELIEF.  
 402 NORTH GREENWOOD STREET, TULSA, OKLAHOMA.

## HAYES WILL STUDY

### NEGRO MUSIC ORIGIN

Roland Hayes Will Go to Africa for Research Work.

(Star News Service.)

NEW YORK, March 12.—Roland Hayes who recently returned here after a most successful recital tour of the West, has decided to go to Africa for research work after his recital here of last night, March 11. Mr. Hayes' purpose in going to the Dark Continent is to pursue several years research into the origin of Negro music. He expresses it: "I am going to the places where civilization began to get at the heart of things." The popular tenor soloist is the first of his Race to undertake such a mission. It is planned that Mr. Hayes shall appear in London, Paris and other European music centers in recital, while en route to Africa. He looks upon his trip as his "Great Adventure" and does not, as he says, know where he is going nor when he is coming back, but his numerous admirers and friends all over the country are expecting to hear highly satisfactory reports about his mission.

## J. B. STRADFORD SAYS PRESENT ADMINISTRATION BEST TULSA EVER HAD

"There was a time when I felt like killing any Colored man who said he was a Democrat but I want to confess that I do not feel that way now. I am glad to see our people affiliated with both the lead-

ing parties. I also want to confess that so far as their dealings with our people are concerned the present city administration is the best we have ever had in Tulsa.

"Of course, I am a republican and a candidate for Commissioner No. 2, on the republican ticket and I know you can not do me any good in the primary, because you are all democrats here, but if I should be successful in the primary, I would like for you to vote for me in the general election next month."

Thus spoke J. B. Stradford, one of the leading Colored men of this city, at a meeting of the Afro-American Democratic Club in the Masonic Hall Tuesday night.

Mr. Stradford has always taken an active part in politics in this city and has always been considered a conservative leader. In the present campaign he is a candidate on the Republican primary ticket for one of the City Commissioners and it is expected that he will poll a strong vote next Tuesday.

Mayor Hubbard and the City Commissioners have never received a better recommendation than that given them by Mr. Stradford Tuesday night. His words were an endorsement of the present City Administration that should not be lightly regarded by the Colored people of this city. Any one who knows J. B. Stradford knows he will speak what he thinks under all circumstances and that he has the interest of his Race at heart.

Mr. Stradford is a representative citizen worthy the respect of any man. He is probably the wealth-

est Colored man in Tulsa and is helping in a big way to improve the standard of his people in this city. It was he who gave to Tulsa the largest and most modern Colored hotel in the United States, and it is he who is now planning other great things for the benefit of his people which will put Tulsa in a class by itself as a city where public convenience and amusements may be enjoyed by members of our group as well as by any other people.

Mr. Stradford thinks he could better carry out his plans if he was one of the City Commissioners and for this reason he consented to become a candidate when he was urged to make the race by a delegation of Colored citizens a few days ago.

Mr. Stradford's plan is to be carried out by his plans if he was one of the City Commissioners and for this reason he consented to become a candidate when he was urged to make the race by a delegation of Colored citizens a few days ago.

## ELEGANCE at Hooker & Elliott's Store.

White GLOVES for funerals and Wedges, \$2.35 per dozen and up. Crepe, Ribbon and Hosiery at reasonable prices.

Send us your Mail Order. We are prepared to take care of your needs. ELLIOTT & HOOKER CLOTHING STORE

Ladies' Ready-to-wear and Notions. 124 North Greenwood Street.

## PORO BEAUTY PARLOR



MRS. DE ETNA SMITH, Prop. For improving the appearance and the Growth of the Hair it will Pay You to See one who is Experienced in Scientific Treatment of the Scalp and Hair

My Treatment Never Fails to Produce The Best and Most Satisfactory Results in a Short Time Mrs. De Etta Smith 528 S. 2nd St., Chickasha, Okla.

## HOTEL GIVENS

Quit as a Mouse Safe as a Bank Real Estate Money to Loan Bring Your Families Mr. and Mrs. R. A. Givens The Jewelers Phone 2137 226 Elgin Muskogee, Okla.

MRS. MABEL LITTLE. THE TAILOR SYSTEM OF HAIR GROWING.

Guaranteed to grow hair long and Beautiful. 103 1-2 N. Greenwood Street.

## The Red Wing Hotel

206 1/2 North Greenwood St. Telephone 7874

Tulsa, Oklahoma

### A RESIDENCE HOTEL



—a place where you and your family will be sure to enjoy living, because of its homelike comforts, and because of the friendly and sociable associates which introduces one large, cheerful family.

You will like it because of the respect and courtesy that is shown to each of our tenants. You will find plenty of nice, large cool, clean rooms and they are all nicely furnished. They can be had either single or in suite.

Our rates are as low as \$3.00 per week.

### ONE OF THE MAIN FEATURES

at the Red Wing Hotel is the attention to the transient public. You will at all times find plenty of comfortable and luxuriously furnished rooms and besides our very low rates you will have a safe feeling and will be unembarrassed to bring your wife, mother or daughter.

Have a room reserved for your friend and make their visit to Tulsa a pleasant one.



## The Red Wing Cafe

Under the personal management of

**Julius T. Presley**

## TULSA PUTS ONE OVER LANGSTON

High School Basketball Team Defeats University Team in Fast Game Saturday

The basketball team of the Washington High School of this city added another star to their long list of victories last Saturday when they defeated the Langston University team in one of the fastest games of their career.

The students of the local school are all swelled up with just pride of their championship team, which they claim can defeat any other team in the state. Members of the team accompanied by Coach McGill and wife, Prof. J. T. A. West and Prof. J. W. Hughes, left Saturday morning for Langston.

They went with a determination to win and win they did to the tune of 23 to 17.

The Langston team heretofore has been considered the championship team of the state and the victory of Saturday gives Tulsa's team the right to claim the state championship.

The Washington High School lineup for the game was as follows: Epturibus Guess, center; Willie Williams and Bonnie Tolbert, forward; Alonzo Colbert and Daniel Johnson, guards. Captain Theo. Thompson. Substitute, Homer Riley.

### THINGS TO THINK ABOUT

COLORED PEOPLE will not soon forget the Simmons Administration.

DO YOU WANT to see Tulsa turned over to men who criticize the present administration for dealing fairly with Colored people? If not, vote for C. H. Hubbard.

THIS IS NO TIME for the Colored man to "swap horses while crossing the stream." We do know that the present administration has treated us square—in fact Colored folks enjoy more privileges here than in any other town in Oklahoma, however, we don't know what those who would occupy Mr. Hubbard's place will do for us.

A COLORED FIRE DEPARTMENT will be an assured fact if Hubbard, Kiskaddon, McNulty, Bohn and Newblock are re-elected. They must be nominated to be elected. YOUR VOTE will help to do it. Vote for the interest of your Race.

COLORED MEN who disagree politically should exercise enough horse-sense to do so without insulting each other, and at times wanting to cut each other's throats. As intelligent beings, we should eschew the cause we think best, and allow the other fellow the same sacred right.

## OUR NEW SPRING LINE S NOW HERE—



Come and see us and be surprised.

\$22.50 up.

### CLARK TAILORING COMPANY

314 1-2 East Archer

Telephone, Osage 5110

H. F. Pyles, prominent citizen of Haskell is a visitor in the city, visiting his daughters, Mrs. Effie Hamilton, Mrs. Bennie Collins and Mrs. Etta Brooks.

Mr. E. A. Watson of Claremore was a caller at the Star office Monday and paid his subscription to the Star.

Real Estate Bought and Sold; Money to Loan

### SADDLER & CORBETT

Attorneys at Law Practice in all Courts of the State of Oklahoma, both State and Federal

Office Hours: 8:30 a. m. to 6:30 p. m. Phone 6918; Office, Smith Building, 122 1/2 N. Greenwood TULSA, OKLAHOMA.

### STAFFORD'S CAFE

When in Haskell Visit East Main Street. Best Home Cooking Up-to-Date Meals in any Style. Cold Drinks, Tobaccos and Cigars. C. STAFFORD, Postoffice Box 281.

### S. A. WEAVER

BAGGAGE AND TRANSFER LIGHT AND HEAVY HAULING —Quick Service—

Phone Osage 1946-R, or Osage 4293.

### McALESTER PASS TIME

GEORGE MCCARTHY, Prop. Dealer in Soft Drinks, Tobacco, Cigars and Confectioneries Hamburger and Newspaper Stand in Connection. Office Phone 688; Res. 1434. 341 E. Choctaw Av. McALESTER, OKLA.

## RACE PREJUDICE DEFEATS MILITARY TRAINING

Southern Hill-Billies Just Can't Stand for the Courageous Brown Boys in Khaki.

The National Association for the Advancement of Colored People, 70 Fifth Avenue, New York, today published a statement asserting that the opposition in the South to universal military training was due to prejudice against the Colored soldier.

"The National Association for the Advancement of Colored People does not concern itself with universal military training as such," says the statement, "but in behalf of the Colored people of the United States objection must be made to the propaganda against Colored soldiers by which it was hoped to discredit the measure."

"Brigadier General Sherburne and Newton D. Baker, Secretary of War, have testified to the valor of Negro troops in France. Under the circumstances, the propaganda against Colored soldiers must be characterized as for the most part deliberate and intentional falsification."—(N. A. A. C. P. Service.)

T. A. Watson, business man of Boley, was a visitor in the city Saturday on business. Mr. Watson is planning to locate in Tulsa.

WANTED TO BUY—We buy and sell all kinds of second hand Furniture. Call the Blue Front Furniture Co. No. 4 North Main st. Phone O-2330.

FOR SALE—Lot Two and Three North side Addition. Call or see Mr. N. Dorsett, 417 North Greenwood. Phone Osage 3164.



JACK DENNIS, The Barber.

I am the working man and friend. I arose like the Boston Tar-Baby. I am a Stumbling-block in the other Barbers' way. Come and let me cut that hair, and do that shaving. 318 E. Archer.

Hair Grower Salve and Hair Glosser will make harsh, short, stubborn hair, grow soft and long. The growth coming directly from the Bulbous Hair Roots. Apply at 320 N. Frankfort St., Tulsa, Oklahoma, Mrs. A. Smitherna.

### RED WING BARBER SHOP

The old reliable, now starting at this new famous place of service, 20 years of real Barber experience, with all new ideas. Hair straightening a Specialty. J. B. BEASON, Assistant Manager. Red Wing Hotel Bldg. 208 N. Greenwood Tulsa, Okla.

For Neat and Fancy Sewing, Call to see Mrs. Lucy B. Moore, 219 N. Greenwood street. Work Guaranteed. Have for Sale, Ladies Ready-to-Wear Aprons, House-Caps, Night Gowns, also line of Dr. Lyons Toilet Articles.

W. C. Reid. P. B. J. Hudson. **W. C. REID INVESTMENT COMPANY.** Money to Loan on Farm Lands and City Property, Oil and Gas Leases Bought and Sold. See Us. Notary Public and Public Stenographer in Office. Suite 1, 2 Reid Building Box 994. Phones 1463-2111. **MUSKOGEE, OKLAHOMA.**